



PO Box 1063 - DURBAN 4000

FEBRUARY / MARCH 1994

Title	Committee Member	Telephone:	
		Home	Work
Chairman	Bill Hyslop	7016638	7018996
Secretary	Lynda Holmes	3051188	3005911
Treasurer	Margret Kirsten	441467	
Ordinary Member	Philip Gatenby	213592	
Day Hike Organiser	Sue Ferguson	-	7064055/6/7
Trials Organiser	Steve Watson	814847	
Socials Organiser	Bruce Medway	235895	
Editor	Jean Jacobs	472483	

**1993 & 1994 SUBS**

HAVE YOU PAID YOUR SUBS YET?  
ANNUAL GENERAL MEETING 23/2/94  
at New Germany Sports Club  
Glenugie Rd



We need **PEACE** in our land and generally a **raising of vibrations**.

YOU CAN HELP

**REMEMBER** — THE POWER OF THE HUMAN MIND,  
ESPECIALLY A DIRECTED ONE, IS FAR MORE POWERFUL THAN  
ANY COMPUTER THAT HAS EVER BEEN DESIGNED.

**SO** — IMAGINE THE POWER OF THOUSANDS OF MINDS FOCUSED

AT THE SAME TIME WITH THE SAME THOUGHTS

EACH DAY

TWICE A DAY

IF YOU ARE SINCERELY INTERESTED IN HELPING TO BRING  
**PEACE TO OUR MAGNIFICENT COUNTRY**  
(AND EVERYONE CAN HELP)  
FOLLOW THESE **EASY STEPS**:

At exactly **6am** and **6pm** each day, wherever you are,  
stop for **one minute** and think only of **PEACE IN OUR LAND**.  
Picture in your mind peaceful situations: beautiful scenery; safe travel;  
quiet nights; people laughing; children and animals playing; people having fun.  
Do this **EVERY DAY** until it becomes a habit and eventually you will tune  
in automatically at **6am** and **6pm** as if a built-in alarm clock goes off in your mind.

**ALSO** — AT LEAST ONCE A DAY — DO THE FOLLOWING:

1. **SMILE AT A STRANGER**
2. **GREET A STRANGER**
3. **PASS A FRIENDLY COMMENT TO A STRANGER**,  
eg. in a queue, on a bus, at a till etc.
4. **THINK LOVING THOUGHTS ABOUT A PERSON**  
**THAT YOU DO NOT PARTICULARLY LIKE**

**REMEMBER** — AS YOU GIVE OUT GOOD THOUGHTS

SO YOU ATTRACT GOOD THOUGHTS BACK TO YOU

THIS IS A UNIVERSAL LAW.

To show your sincerity and enthusiasm for the cause of **PEACE**  
spread this message to other concerned people.  
Give them the opportunity to help.  
We owe it to ourselves and to our future.

#### LOST PROPERTY

Would the owner of plates and half eaten short pieces of wops, left at  
McConnells in December, please contact Philip. Regrettably the wops is no  
longer available as it has been consumed and enjoyed by his cat!!

#### An official notice

Item 7 Of Constitution And Rules Of Durban Ramblers' Hiking Club.

"An annual subscription shall be levied on members which shall be payable  
in advance on or before January 1st of each year. Persons joining after  
the 1st September of each year shall pay half subscription fee only for  
the remaining part of that particular year"

New subscription fees are as follows

Country R16

Single R20

Couples/Family R25

A reminder to prospective members. To become a member you must engage in  
three day hikes or one Berg trip. The entrance fee is R10 plus a yearly  
sub:

#### THE "HELL" YOU SAY

Just what is meant by this word "Hell?"  
They say sometimes "It's cold as Hell"  
Sometimes they say "It's hot as Hell"  
When it rains hard "It's Hell" they cry.  
It's also "Hell" when it's dry.  
They "Hate like Hell" to see it snow  
It's "A Hell of a wind" when it starts to blow.  
Now "How in Hell" can anyone tell,  
"What in Hell" they mean by this word "Hell?"  
This married life is "Hell" they say,  
When he comes in late there's "Hell to pay"  
When he starts to yell it's "A Hell of a note"  
It's "Hell" when the kid you have to tote.  
It's "Hell" when the doctor sends his bills,  
For "A Hell of a lot" of trips and pills.  
When you get this you will know real well,  
Just what is meant by this word "Hell"  
"Hell yes, Hell no" and "Oh Hell" too,  
"The Hell you don't" and "Hell you do".  
And "What in Hell" and "The Hell it is",  
"The Hell with yours" and "The Hell with his".  
Now "Who in Hell" and "Oh Hell where"  
And "What in Hell do you think I care".  
But "The Hell of it is" and "It's as sure as Hell"  
We don't know "What in the Hell" is "Hell".

From Margret Kirsten



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